



# Project Cornerstone PBIS Monthly Themes for Champion Year

Month	Book/Theme/Goal	Assets	PBIS
<b>September</b>  <b>Character Trait:</b> Respect	<p><b>Book</b> <i>Friends to the End for Kids</i> by Bradley Trevor Greive</p> <p><b>Theme</b> Treat all with respect by being a <i>bucket filler</i>.</p> <p><b>Goal</b> Students will explore ways to be kind to each other, make and keep friends and be <i>UPstanders</i> online and face to face.</p>	#15 Positive Peer Influence #26 Caring #33 Interpersonal Competence #37 Personal Power	<p><b>BE RESPECTFUL</b></p> <p>Smile. Say "Hi" first. Introduce yourself. Get to know your classmates. Ask someone to play. <i>Don't dip</i> into other buckets. <i>Use your lid</i>. <i>Stop, think and understand</i>. <i>Give second chances</i>. Treat others kindly.</p>
<b>October</b>  <b>Character Trait:</b> Leadership	<p><b>Book</b> <i>Giraffes Can't Dance</i> by Giles Andreae</p> <p><b>Theme</b> <i>Tap into your personal power. Dance to your own song.</i></p> <p><b>Goal</b> Students will practice using their positive personal power to benefit themselves and others.</p>	#15 Positive Peer Influence #32 Planning and Decision Making #37 Personal Power #38 Self-Esteem #40 Positive View of Personal Future #41 Positive Cultural Identity	<p><b>BE RESPONSIBLE</b></p> <p>Choose how to react. Focus on the positive. <i>Turn I can't into an I can attitude</i>. Be responsible for your own behavior and feelings. <i>Use positive self-talk</i>.</p>

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<p><b>November</b></p> <p><b>Character Trait:</b> Kindness</p>	<p><b>Book</b> <i>BIG</i> by Coleen Paratore</p> <p><b>Theme</b> <i>Big is being the biggest you that you can be!</i></p> <p><b>Goal</b> Take small steps to achieve <i>BIG</i> outcomes. Internalize intrinsic reward for doing things for the right reason. Use personal power to create change in the world. Perform <i>intentional acts of caring</i> for others. Understand <i>everyone can be BIG in their own way</i>.</p>	<p>#1 Family support #4 Caring Neighborhood #5 Caring School Climate #7 Community Values Youth #8 Youth as Resources #9 Service to Others #26 Caring #27 Equality and Social Justice #32 Planning and Decision Making #37 Personal Power #38 Self-Esteem</p>	<p><b>BE RESPECTFUL</b></p> <p>Take small steps to be <i>big</i>. <i>Be big</i> for the environment. <i>Be big and fill buckets</i> of others. <b>Be Inspired to be Great.</b> Let someone line up in front of you. Write notes of encouragement. Be nice to everyone. Introduce yourself to new students. Give second chances.</p>
<p><b>January</b></p> <p><b>Character Trait:</b> Self-Control</p>	<p><b>Book</b> <i>When Sophie Gets Angry, Really, Really Angry</i> by Molly Bang</p> <p><b>Theme</b> <i>Stop, think, and choose</i> how to react to strong emotion.</p> <p><b>Goal</b> Identify, acknowledge and express feelings in safe, positive, healthy ways. <i>Be in charge</i> of your feelings.</p>	<p>#1 Family support #2 Positive Family Communication #31 Healthy Lifestyles #32 Planning and Decision Making #35 Resistance Skills #36 Peaceful Conflict Resolution #37 Personal Power</p>	<p><b>BE SAFE</b></p> <p><i>Be the director of your emotions.</i> <i>Stop, think and choose how to react</i> when emotions are out of control. <i>Take 5</i> to calm down. Be able to <i>switch directions and make positive choices</i>. Deescalate conversations. Use peaceful conflict resolution. Make <i>genuine apologies</i>. Avoid <i>bucket dipping</i>.</p>

<p><b>February</b></p> <p><b>Character Trait:</b> Tolerance</p>	<p><b>Book</b> <i>Through My Eyes and Ruby Bridges</i> by Ruby Bridges</p> <p><b>Theme</b> Tolerance for all and acceptance of differences.</p> <p><b>Goal</b> Guide students toward actions that build a more caring, just, inclusive, tolerant and safe school community. Promote a sense of belonging in school by using student's personal power as <i>UPstanders</i> to include all students.</p>	<p>#1 Family Support #5 Caring School Climate #26 Caring #27 Equality and Social Justice #33 Interpersonal Competence #34 Cultural Competence #36 Peaceful Conflict Resolution #37 Personal Power #39 Sense of Purpose #41 Positive Cultural Identity</p>	<p><b>BE RESPECTFUL</b></p> <p>Be an <i>UPstander</i>. Identify the caring adults in your web of support. Respect your classmates. Accept others. Understand that everyone belongs. It takes one to make a difference. <i>Stand up</i> for each other.</p>
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<p><b>March</b></p> <p><b>Character Trait:</b> Empathy</p>	<p><b>Book</b> <i>How Do I Stand In Your Shoes</i> by Susan DeBell, Ph.D.</p> <p><b>Theme</b> Students will learn about empathy.</p> <p><b>Goal</b> Students will <i>notice, name and understand</i> the feelings or difficulties of others. They will be able to express and receive empathy</p>	<p>#3 Other Caring Adults #4 Caring Neighborhoods #5 Caring School Climate #14 Adult Role Models #15 Positive Peer Influence #26 Caring #33 Interpersonal Competence #34 Cultural Competence #41 Positive Cultural Identity</p>	<p><b>BE RESPONSIBLE</b></p> <p>Be a <i>bucket filler</i>. Empathize with each other. Be able to <i>notice and name</i> feelings. <i>Walk in someone else's shoes</i>. <i>Understand and care</i> about others. Read body language. React to tone of words. <i>Do intentional acts of caring</i>. Offer to help. Let someone help you.</p>
<p><b>April</b></p> <p><b>Character Trait:</b> Confidence</p>	<p><b>Book</b> <i>Sebastian's Roller Skates</i> by Joan de Deu Prats</p> <p><b>Theme</b> Discovering and pursuing your <i>sparks</i> will allow you to <i>stand tall and bloom</i>.</p>	<p>#3 Other Adult Relationships #4 Caring Neighborhoods #7 Community Values Youth #14 Adult Role Models #18 Youth Programs</p>	<p><b>BE RESPONSIBLE</b></p> <p>Identify your <i>sparks</i>. <i>Change mud thoughts into clear thoughts</i>. <i>Stand tall and bloom</i>. <i>Use your GPS</i>.</p>

	<p><b>Goal</b> Learning something new can translate to improving self-esteem that will cause students to <i>stand tall and bloom</i>.</p>	<p>#32 Planning and Decision Making #33 Interpersonal Competence #37 Personal Power #38 Self-Esteem #39 Sense of Purpose #40 Positive View of Personal Future</p>	<p><i>Bloom instead of wilt.</i> Talk and connect with caring adults. <i>Stop, think and make a good choice.</i></p>
<p><b>May</b></p> <p><b>Character Trait:</b> Strength</p>	<p><b>Book</b> <i>Thank You Mr. Falker</i> by Patricia Polacco</p> <p><b>Theme</b> Recognize teachers as <i>UPstanders</i> and their efforts to create a caring school climate.</p> <p><b>Goal</b> Celebrate student's heroes. Identify personal strengths to overcome difficulties. Review and practice ABC tools.</p>	<p>#3 Other Adult Relationships #5 Caring School Climate #14 Adult Role Models #22 School Engagement #25 Reading for Pleasure #30 Responsibility #32 Planning and Decision Making #38 Self-Esteem</p>	<p><b>BE SAFE</b></p> <p>Don't laugh at others. <i>Do the right thing.</i> <i>Stand up to bucket dipping.</i> <i>Tell and make a report.</i> Remember your personal power. <i>Use positive self-talk.</i> Be an <i>UPstander</i>. <i>Say and do something.</i></p>